

Grand Rounds

Preventing PTSD in Soldiers Returning From Combat

Bart P. Billings, PhD

Monday, Sept. 21, 7:30-8:15 a.m.

Scripps Center for Integrative Medicine

Shiley Pavilion, Lower Level, Yoga Room

10820 North Torrey Pines Road, La Jolla, CA 92037

858-554-3300

Learn about evidence-based integrative medicine approaches that are used to improve clinical outcomes in soldiers returning from combat with PTSD. Choice Theory Psychology and proven treatment protocols will be presented.

Bart P. Billings, PhD, retired U.S. Army Colonel, is a licensed clinical psychologist and marriage and family therapist. He has been chief of professional services and assistant director at the University of California Davis Medical School's Physical Medicine and Rehabilitation Department. He has also been senior faculty at the William Glasser MD Institute for thirty five years and has taught classes at various prestigious universities including the University of San Francisco, University of California Davis and United States International University. During Dr. Billings's service as commanding officer for a general hospital section in the U.S. Army Reserves, he founded and directed several professional conferences including the [17th] annual International Military and Civilian Combat Stress Conference, the National Tri-Service Prisoner of War Conference and the military-wide Human Assistance Rapid Response Team (HARRT) program. Dr. Billings was interviewed on ABC News Nightline and ABC World News with Charlie Gibson about combat stress.