

The Creative Connection for Groups

Person-Centered Expressive Arts for Healing & Social Change

A New Book from **Natalie Rogers, Ph.D**

Using the expressive arts as a dynamic component of group facilitation

Theoretical. As a psychologist, Dr. Rogers embodies the values, methods, and core conditions of her father, Carl Rogers, giving her work a solid conceptual base.

Practical. The 485 pages include 40 expressive arts exercises that help groups move through their beginning, middle, and ending phase.

Applicable. Applications of person-centered expressive arts written by former participants bring this work into the world in diverse and exciting ways.

Personal. Natalie shares her experiences teaching around the world.

Aesthetic. Visually beautiful, this book helps us live the experience of expressive arts group work.

Inspirational. Case material reports transformations including numinous experiences and joy.

What people are saying:

Jean Houston, Ph.D.

Here is a source book of such compassion, depth, and practical wisdom that its span and influence could extend even to healing the hurts of nations. Here is THE primer in ways to use the arts to cross the great divide of Otherness.

Shaun McNiff, Ph.D.

(this) is the life-synthesizing work of Natalie Rogers, illuminating the way of comprehensive artistic expression and healing through the support, challenges, energy, and wisdom of groups.

Dale Larson, Ph.D.

This will be the definitive training tool for all group therapists and facilitators using the creative and expressive arts.

Howard Kirschenbaum, Ph.D.

...demonstrates the importance and vitality of person-centered expressive arts as a major approach to psychotherapy and group facilitation.

NATALIE ROGERS, PH.D., REAT, is author of *Emerging Woman* (1980) and *The Creative Connection: Expressive Arts as Healing* (1993).

Natalie has led trainings in Europe, Russia, Asia and the Americas. She is a distinguished Consulting Faculty at Saybrook University, in San Francisco, which offers a Certificate Program in Expressive Arts for Healing and Social Change.



This book will be especially useful to:

- Expressive arts facilitators
- Person-centered group facilitators
- Health, healing and medical professionals
- Organizational consultants
- Educators, Social Workers, Group psychotherapists
- Workshop leaders
- Personal coaches

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